



The Extra Mile®



November 8, 2025 * 10:00am

175 Peyton Road, Lebanon, TN 37078

Go The Extra Mile® with DSAMT on November 8, 2025, and help celebrate and support individuals with Down syndrome by promoting acceptance and inclusion in our communities. Proceeds fund DSAMT's programs and advocacy.

The Extra Mile® is the largest Down syndrome awareness event in TN and is DSAMT's primary source for program funding... and you do not have to fundraise to participate and celebrate your loved one with something extra.

Whether you know someone who has Down syndrome or just want to show your support, take the first step and donate or register today! Help us spread the word; everyone is welcome to our day of celebration!

If you need assistance with The Extra Mile®
please contact Tanya Chavez tanya@somethingextra.org.

**For registration, volunteer, and
sponsorship information visit: [https://
charity.pledgeit.org/theextramile](https://charity.pledgeit.org/theextramile)**



dsamt
Down Syndrome Association
of Middle Tennessee

